

Cultivation of Medical Students' Humanistic Quality in College English Teaching

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Abstract. Humanistic quality is one of the obligatory important qualities required for college students. Humanistic education, as an important part of moral education at medical colleges and universities, should be integrated into varied disciplines. As an important compulsory course of medical universities, the course of English has its special discipline advantage, providing an ideal course stage for implementing humanistic education. By analyzing the relationship between College English teaching and humanistic education, this paper probes several means and strategies of Cultivating humanistic quality in College English teaching at medical colleges or universities.

Introduction

Colleges play a vital role in providing talents for all walks of life, and medical colleges shoulder even more important responsibilities to foster qualified medical workers to save people's lives. Medical workers are faced with people in distress and pain, which determines that medical workers not only need to provide professional medical help for patients, but also need to have a kind heart, so that patients can feel support and comfort psychologically. Therefore, besides acquiring professional medical knowledge, medical college students should also receive humanistic quality education. As a language, English has its irreplaceable humanistic attributes. Through English learning, students can not only enhance their foreign language communication skills, but also broaden their information-receiving channels through the medium of English and improve their humanistic quality. Therefore, carrying out humanistic quality education in English teaching can not only improve the foreign language ability of medical college students, but also cultivate students' humanistic quality and promote the educational and teaching level of medical colleges.

The Importance of Humanistic Quality Education in Medical College Education and Teaching

In *Some Opinions on Strengthening College Students' Cultural Quality Education*, the Ministry of Education pointed out that cultural quality education mainly refers to humanistic quality education. Strengthening humanistic quality education is the inevitable trend of modern social development, the objective requirement of higher education system reform and the full embodiment of following the rules of higher education. Medicine is very different from other natural sciences, and the most important point is that it studies people. As a medical worker in the future, the object of service in the future is not a person in the pure biological sense, but a person of flesh and blood, feeling and thinking with social attributes. Therefore, medicine cannot be regarded as a pure natural science, and medical education cannot simply impart medical knowledge and basic medical skills. Many areas of medicine such as gene research, organ transplantation and other aspects all reflect the humanistic spirit of the tradition. Without the cultivation and education of humanistic quality, it is impossible for college students to fully reflect the medical ethics and values centered on human health in the future medical practice.

The current situation of humanistic quality education in medical colleges and universities. In the teaching process, the author finds that it is urgent to strengthen the humanistic quality education of medical students. Taking the current freshmen and sophomores as examples, most of

them are the only child of the post-90s generation. The students have a serious tendency of egoism and lack of love and compassion, which makes people worry whether they can be qualified for the medical profession with the corresponding moral concept and sense of responsibility when practising medicine after graduation, such as paying attention to the psychological problems of patients and handling the doctor-patient relationship well. At present, the current curriculum in medical colleges often attaches importance to the teaching of professional knowledge, and there are few basic courses of humanities. Another concern is that the current approach to medical education is still in the biomedical model. Under this pattern, medical education only pays attention to the cultivation of medical students' professional skills, ignoring the cultivation of humanistic spirit of medical students. As a consequence, students' utilitarianism and autism are stronger, team spirit and cooperation ability are relatively weaker, and the ability to adapt to society is very poor. The college English course is systematic, which is a required course for all majors and the course with the most class hours in the public class. While systematically learning English knowledge, students can, at the same time, improve their thinking ability, thinking quality and their own personal quality. If we can strengthen humanistic quality education in college English teaching, it will undoubtedly play a good role. After the reform, college English teaching attaches more importance to students' autonomous learning ability and communicative competence, which is beneficial to the cultivation of students' independent thinking ability and teamwork spirit, as well as the improvement of medical humanistic quality of medical college students.

The Importance of Humanistic Quality Education to the Career Development of Medical Students. Humanistic quality is gradually developed under the influence of individual study and life. The creation of acquired environment is extremely important for the cultivation of students' humanistic quality. The humanistic quality cultivated by medical schools has its disciplinary characteristics and professional attributes. Medical students will become medical workers. Hippocrates, who enjoys the reputation of "the Father of Western Medicine", once said that "medicine is the most noble of all technologies", which shows the importance of humanistic quality.

The Possibility of Humanistic Quality Education in College English Teaching

The function of language is to help people understand the history, culture and social life different from their own nation, to experience another life pattern and to feel various social relations and the nature of human beings. This process is the continuous improvement of people's humanistic quality.

The Humanistic Content of English Teaching Provides humanistic quality education. English teaching covers a variety of genres and vividly reveals the social life patterns and humanistic historical traditions of other nations. The development of humanistic education needs to rely on real social life and experience, and English teaching exactly provides a good soil for its development. Firstly, the humanistic knowledge in developed countries with a sound system provides a reference and model for the development of humanistic quality education in the English teaching of medical colleges in China. Secondly, English teaching can help students acquire knowledge and skills independently and improve their humanistic quality by cultivating their ability to understand different cultures.

English Teaching Broadens the Freedom of Thinking for the Improvement of Humanistic Quality of Medical Students. Language learning lies not only in the learning of language skills, but also in learning about people's way of thinking. Through English teaching, students can develop the ability of understanding other cultures, which is also conducive to improving their freedom of thinking. One of the aims of college education is helping students to observe and understand the nature of things from different aspects, letting students learn to look at people and things rationally and also making students accept different voices in a complex and changeable environment. What mentioned above is very beneficial to the cultivation of students' humanistic quality.

Methods to Strengthen Humanistic Quality of Medical Students in College English Teaching

At present, different versions of English textbooks are rich in language culture and humanistic

background knowledge, which are good materials to cultivate students' comprehensive humanistic quality. When teaching, teachers can integrate humanistic education into language learning as long as the methods are appropriate.

Setting Good Examples for Students to Promote Humanistic Quality Education. Teachers and students are the subjects of teaching process, and the interaction between them is the most direct. Different from other knowledge, one of characteristics of humanistic quality is the influence of something imperceptible. Qualified and competent college teachers are supposed to be role models. As role models, teachers' humanistic quality is a "living textbook" for students to imitate and learn from. Teachers should fully understand the connotation and extension of humanistic quality education, and understand that humanistic knowledge such as culture, language and history is not all that humanistic quality education includes. What's more important is to help students learn what humanistic care is and what benevolence is in medical practice. As a tool of communication, English study can help students understand and think about the development of many things and the relationship between people in different cultures and societies. Therefore, English teachers are expected to become promoters and examples of humanistic quality education, the ones who must have a rich cultural quality and excellent English skills. Only in this way, can English teachers adopt different teaching methods when facing different students. In addition, English teachers should also strengthen the humanistic care for students and promote the harmonious relationship between teachers and students. Such a relationship full of humanistic and sincerity has the power of developing students' humanistic quality and can help students understand the necessity of getting along with others equally and sincerely.

Exploring the Richness and Vividness of Teaching Materials. College English textbooks cover a wide range of humanistic knowledge. By referring to the humanistic care embodied in school education in developed countries, college students can develop their critical thinking and analyzing abilities so as to improve their humanistic quality. According to the analysis of relevant data, most of the texts in college English are about the society, history, culture and life, so they are suitable to be used as materials to cultivate students' humanistic quality.

Language, culture and cultural background are closely related to our daily life. College English teachers can take the advantage of the learning materials and make good use of them to explore its humanistic connotation through various forms of class activities. The college English texts are very rich in humanistic connotation, so college English teachers can give insight into them in terms of different perspectives, different aspects, different levels of students and different interests different learners, exploring the relationship between man and nature, man and social relations, medicine and human nature, and so on. Combining language learning with culture learning will help to broaden students' horizons, foster positive personalities, enrich their knowledge and promote their morality. Therefore, equipped with professional medical knowledge, medical college students also are well prepared in mental state to become a qualified medical worker after graduation in the future.

Carrying out Experiential Teaching Method and Deepen Humanistic Quality Education. People's accepting and embracing the information age marks the development and progress of the society. At the same time, this environment is bound to promote the transformation of traditional teaching methods to new teaching methods. English teaching will also follow the trend to make quick changes. As language teaching, designing activities to make students practice speaking should be the focus of English class in order to achieve teaching objectives and good study effects. Because there is no doubt that creating opportunities for students to express themselves in English can not only help students get familiar with English, but also help them learn communicating skills. Besides, it is widely acknowledged that the improvement of students' humanistic quality depends more on their own experience and perception, and the "didactic" teaching method has little effect. Consequently, some of the English teaching class activities can be conducted employing experiential teaching approach, such as discussing how to deal with the intense relationship between doctors and patients, how to become a good intern and what to learn from the typical medical cases and so on, so that students can express their own ideas in English, and at the same time, students' understanding and accepting level of humanistic principles can be increased. Teachers can also set

up an online teaching platform for students, and it will be very easy for students to have access to a large amount of learning materials, very convenient to have a discussion with fellow students and very efficient to finish teachers' assignments on some theme exploration about humanity quality according to their own learning time, place and pace. Furthermore, different students' interests are not exactly the same, so in the process of learning online or offline, each student can put forward a humanistic knowledge point to have a discussion and communication to further explore an given topic. In this way, not only students' speaking skills are improved, but their humanistic awareness can be raised as well.

Employing the Second Classroom to Promote Humanistic Quality Education. Besides devoted to exploring the teaching materials in class, teachers should not ignore the great roles the second classroom will play in promoting humanistic education. The second classroom can be more colorful in various forms, such as attending lectures on foreign culture, holding English Dubbing Competition, having English Speech Contest, having English Drama Performance, etc. In the second-class activities, students make use of various resources like the Internet to search for materials and have discussions about the topic or theme designed by teachers, actively and consciously participating in the practical activities.

With the teacher's guidance and assistance, students can give full play to their subjective initiative and enthusiasm. By means of activating students' original knowledge reserves and cultivating innovation spirit and practical ability, students' confidence can be built up and they can be encouraged to form a solid academic attitude, finally obtaining the required professional knowledge and attaining the goal of humanistic education.

Conclusion

One of the aims of medical education is to improve students' perception of possible states of human existence. Medical students' future career is closely related to life, and the principle of medical education is to respect and cherish life. With the renewal of medical mode and medical ethics, it is urgent to strengthen the professional ethics of doctors and improve the humanistic quality of medical students. Foreign language teachers in colleges should keep in mind a people-oriented education concept to develop students' English language ability, and meanwhile to pay attention to the cultivation of humanistic quality, so that students can continuously feel the humanistic spirit in the process of learning English. Thus, English teaching can serve to play a role in character development. If more attention is paid to promoting humanistic education in the process of foreign language teaching in colleges, students will become all-round persons and later qualified medical workers who are not only capable of helping patients to relieve pain and cure the diseases, but also able to have a higher humanistic quality.

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